

HSK 5 Real-World Action Goals

Action-oriented communicative tasks (Official Can-Do Milestones).

109 CAN-DO GOALS

Discussing Natural Conditions (谈论自然情况) · 4 Goals

- ☐ **Can fluently introduce to others the main content of the above natural conditions that one knows about.**
能向他人较流畅地介绍自己所了解的有关上述自然情况的主要内容。
- ☐ **Can read general science introductions and news articles about the above natural conditions.**
能看懂关于上述自然情况的一般性科普介绍、事件新闻类文章。
- ☐ **Can write short passages introducing the above natural conditions that one knows about.**
能写出短文介绍自己了解的上述自然情况。
- ☐ **Can understand introductions about natural conditions, such as natural resources, geography, natural phenomena, natural laws, and flora and fauna, in scenarios like science lectures and museum visits, given by friends, experts, or guides. Examples include resources like water and gold; landforms like deserts, plains, and rivers; special weather phenomena like rainstorms and blizzards; and animals and plants like rats, rabbits, insects, monkeys, elephants, and bamboo.**
能听懂科普讲座、博物馆参观等场景中朋友、专家、讲解员等有关于自然资源、地理概况、自然现象、自然规律、动植物等自然情况的介绍。如：水资源、黄金等资源；沙漠、陆地、河流等地形地貌；暴雨、暴雪等特殊气候、天气现象和一些自然规律；鼠、兔、虫、猴子、大象、竹子等动植物。

Handling Daily Affairs (交流、处理日常事务) · 5 Goals

- ☐ **Can understand questions and explanations about more complex everyday situations such as handling business, asking for help, or dealing with difficulties, including staff instructions for customs clearance, mailing, insurance, or utility payments, and remarks from people providing legal, media, police, or life assistance.**
能听懂日常生活中对方关于业务处理、困难求助等较复杂情况的询问和介绍。如：办理海关通行、邮寄配送、保险业务、生活缴费等业务时工作人员的话语；需要法律、媒体、警务、生活等方面的帮助时相关人员的话语。
- ☐ **Can fluently explain their situation, ask questions, express willingness to get help or handle matters, and negotiate solutions in complex situations involving business or seeking help.**
能在遇到上述有关业务处理、困难求助的较复杂情况时，较流畅地说明自己的情况，进行询问，表达求助、办事的意愿，协商解决。
- ☐ **Can fluently narrate their experiences with everyday business handling or seeking help.**
能较流畅地讲述上述日常生活中有关业务处理、困难求助的经历。
- ☐ **Can read general articles about experiences with business handling or seeking help, as well as common rules or notices in such processes, like utility bills or basic insurance information.**
能看懂有关上述业务处理、困难求助经历的一般性文章，或办事过程中的一些一般规定、告知等。如：生活缴费单、保险业务基本情况介绍等。
- ☐ **Can write short passages describing their experiences and related details.**
能写出短文讲述自己的上述经历，介绍一些相关情况。

Discussing Dining Experiences (谈论餐饮体验) · 4 Goals

- ☐ **Can understand questions and explanations about more complex dining experiences in daily conversations, such as restaurant types and styles, dietary restrictions, menu suggestions, personal taste preferences, eating habits, cooking methods, food preparation, ingredient choices, and dining experiences in different places like markets, night markets, or pedestrian streets.**
能听懂日常交谈中对方关于餐饮体验较复杂情况的询问和介绍。如：餐厅类型风格、有何忌口、有何选餐建议等；个人口味偏好、吃法、做法等饮食习惯；谈论快餐制作、食材选择、烹饪方式等餐饮制作情况；在市场、夜市、步行街等不同地方的餐饮体验。
- ☐ **Can fluently discuss dining experiences with others, sharing their own stories, feelings, and opinions.**
能与他人就上述餐饮体验话题较流畅地交流，讲述自己的经历、感受和看法。
- ☐ **Can understand general articles on dining topics, such as restaurant features, menu suggestions, introductions to specialty dishes (ingredients, taste, ways to eat, cooking methods), and dining experiences in different settings.**
能看懂关于上述餐饮体验话题的一般性文章。如：餐厅特色，选餐建议，特色美食在食材、口味、吃法、做法等方面的介绍，不同环境下的餐饮体验等。
- ☐ **Can write short paragraphs about personal dining experiences and feelings.**
能写出短文介绍自己有关上述餐饮体验的经历、感受。

Talking About Transportation (谈论交通出行) · 4 Goals

- ☐ **Can understand questions and explanations about more complex transportation situations in everyday conversations, such as using transport, shipping and storing goods, vehicle movement, travel itineraries, feelings, and driving conditions.**
能听懂日常交谈中对方关于交通出行较复杂情况的询问和介绍。如：交通工具使用、货物运输与储存、车船行驶等情况，出行中的行程经过、感受、驾驶情况等。
- ☐ **Can converse fairly fluently about transportation situations, sharing personal experiences and feelings.**
能与他人就上述交通出行情况较流畅地交流，讲述自己的经历、感受。
- ☐ **Can read general articles about transportation situations or travel experiences.**
能看懂上述交通出行情况的一般性文章，或关于出行经历的文章。
- ☐ **Can write short paragraphs sharing travel experiences and feelings.**
能写出短文分享自己的出行经历和感受。

Discussing Shopping Experiences (谈论购物体验) · 4 Goals

- ☐ **Can understand questions and explanations about more complex shopping situations, such as product brand, use, quality, after-sales service, shopping experience, payment methods, shopping channels, and promotions.**
能听懂购物过程中商家关于商品选购、消费活动等较复杂情况的询问和介绍。如：商品的品牌、用途、品质、售后服务、购物体验等情况，消费方式、购物渠道、促销活动等消费活动情况。
- ☐ **Can converse fairly fluently about product selection and shopping activities.**
能与他人就上述商品选购、消费活动的情况较流畅地交流。
- ☐ **Can read general introductions to products and shopping activities, such as product descriptions, user manuals, promotional ads, and shopping experiences.**
能看懂上述关于商品选购、消费活动的一般性情况介绍。如：产品介绍、使用说明书、促销广告、购物体验等。
- ☐ **Can write short paragraphs sharing personal shopping experiences.**
能写出短文分享自己的购物体验。

Discussing Healthcare & Health (谈论医疗健康) · 4 Goals

- ☐ **Can understand complex questions and explanations about health, including injuries, medical visits, mental health, and health beliefs, such as details of injuries, symptoms, first aid, diagnosis, treatment, mental health issues, and preventive measures.**
能听懂日常交谈中对方关于身体伤病状况、就医问诊情况、心理健康情况、健康观念等较复杂的询问与介绍。如：受伤情况、病情病症；急救情况、诊断治疗情况；心理健康表现、心理问题表现；身体状态、健康常识和观念、疾病预防方式等。
- ☐ **Can fluently describe personal health situations, discuss them with others, and express opinions.**
能与对方较流畅地讲述自己的上述情况，与对方进行交流，表达自己的看法。
- ☐ **Can read general articles on health topics, such as stories of injuries, first aid tips, maintaining mental health, and disease prevention.**
能看懂有关上述医疗健康情况的一般性文章。如：受伤的经历、急救注意事项，如何保持心理健康，如何进行疾病预防等。
- ☐ **Can write short passages sharing personal experiences and feelings about health-related situations.**
能写出短文分享自己有关上述医疗健康情况的经历和感受。

Discussing Leisure Activities (谈论休闲活动) · 4 Goals

- ☐ **Can understand complex expressions about leisure activities, feelings, and reflections on life, such as outdoor sports, crafts, photography, travel, exhibitions, and personal insights.**
能听懂日常交谈中对方关于休闲活动、活动感受、生活随感等话题的较复杂的表达。如：户外运动、做手工、摄影、旅行度假、观看展览等休闲活动及生活随感、人生感悟等。
- ☐ **Can fluently talk about leisure activities, personal feelings, and reflections on life.**
能较流畅地讲述自己的休闲活动方式及感受、生活感悟等。
- ☐ **Can read general articles introducing leisure activities or expressing reflections on life.**
能看懂介绍休闲活动方式的一般性文章，或生活随感、人生感悟类的一般性文章。
- ☐ **Can write short passages describing leisure activities or expressing feelings and insights about life.**
能写出短文介绍自己的休闲活动方式，或表达自己对生活的感受感悟。

Communicating About Community Life (沟通、交流社区生活情况) · 4 Goals

- ☐ **Can understand complex questions and explanations about living conditions, community management, and community life, such as community environment, interiors, decoration, public facilities, property management, safety, incidents, neighbor relations, community services, volunteering, and housing rentals.**
能听懂日常交谈中对方关于居住情况、社区管理、社区生活等较复杂情况的询问与介绍。如：社区环境、室内情况、装饰装修等情况；社区公共设施、物业、安全、意外、违法违规事件等情况；邻里相处、社区服务、志愿服务、房屋租售等情况。
- ☐ **Can fluently describe experiences and situations encountered in community life, and communicate with others about community living.**
能较流畅地讲述自己在社区生活中听到、遇到的上述情况，与他人进行沟通，交流社区生活情况。
- ☐ **Can understand general articles, notices, announcements, and service terms about community life.**
能看懂介绍上述社区生活情况的一般性文章，或关于上述社区生活的一般通知、公告、服务条款等。
- ☐ **Can write short texts sharing community life experiences, or emails to ask about information or report problems.**
能写出短文分享自己的上述社区生活情况，或给对方发邮件说明自己想了解的内容或者遇到的问题。

Discussing Family Life (交流家庭生活) · 4 Goals

- ☐ **Can understand complex discussions among family and friends about home life, family activities, and family issues, such as household items, appliances, weddings, parent-child activities, family values, relationships, and duties.**
能听懂日常交谈中家人、朋友等对居家生活、家庭活动、家庭问题等较复杂情况的介绍、讨论与交流。如：家居用品，家具家电等；婚礼活动、亲子活动等；家庭观念、家庭关系、家庭义务等。
- ☐ **Can fluently narrate personal family life experiences and discuss them with others, expressing opinions.**
能较流畅地讲述自己听到、经历过的上述家庭生活情况，与他人就上述情况进行沟通、交流，表达看法。
- ☐ **Can understand general articles introducing or discussing home life, family activities, and family issues.**
能看懂介绍、讨论上述居家生活、家庭活动、家庭问题情况的一般性文章。
- ☐ **Can write short texts sharing family activities experienced or opinions on family issues.**
能写出短文分享自己经历的家庭活动，或对家庭问题的看法。

Reporting Study Progress (报告学习情况) · 4 Goals

- ☐ **Can understand complex inquiries and introductions from classmates in class meetings or experience-sharing sessions about courses, teaching, learning experiences, and insights, such as curriculum, content, materials, subjects, classroom situations, teaching requirements, teaching methods, writing, presentations, experiments, theses, certificates, qualifications, learning goals, methods, and feelings.**
能听懂班会、经验交流会等情境中同学对课程情况、教学情况、学习经历、学习心得等较复杂情况的询问或介绍。如：课程设置、课程内容、教材、学科等；课堂情况、教学要求、授课方式等；写作、演讲、做实验、写论文、证书获得、资质获得等经历；学习目标、学习方法、学习感受等。
- ☐ **Can fluently report learning experiences and discuss them with classmates, expressing opinions.**
能较流畅地报告自己的上述学习情况，与同学就上述情况进行交流，表达看法。
- ☐ **Can understand general articles or presentation slides where classmates share their learning experiences.**
能看懂同学介绍学习情况的一般性文章，或学习情况报告的展示课件。
- ☐ **Can write short texts introducing learning experiences, such as study tips, plans, and progress reports.**
能写出短文介绍自己的学习情况，如：学习经验、学习规划、成果汇报等。

Discussing Environmental Issues (谈论环境问题) · 4 Goals

- ☐ **Can understand general reports and discussions about environmental issues such as urban and rural environments, environmental protection, human impact, changes in living environments, and pollution and its management.**
能听懂有关城市与乡村环境、环境保护等环境问题的一般性报道，或人们谈论的环境问题相关内容。如：人类活动影响；人居环境、城市乡村环境变化；污染与环境治理。
- ☐ **Can fluently introduce key points about these environmental issues, and can exchange opinions and discuss them with others.**
能向他人较流畅地介绍自己所了解的有关上述环境问题的主要内容，能与他人交流，发表看法。
- ☐ **Can read general news articles and introductory texts about these environmental issues.**
能看懂关于上述环境问题的一般新闻、介绍性文章。
- ☐ **Can write short paragraphs describing these environmental issues and expressing personal views.**
能写出短文介绍自己了解的上述环境问题的情况，发表看法。

Sharing Campus Life Experiences (分享校园生活的经历、经验) · 4 Goals

- ☐ Can understand complex questions and introductions from classmates and teachers about campus activities and school life in contexts such as sharing sessions organized by school departments or student clubs, including club promotions, experience sharing, event arrangements, training and lecture information, campus procedures, accommodation, and departmental studies.
能听懂学校相关部门、学生社团组织的分享会等场景中同学、老师关于校园活动、学校情况等较复杂情况的询问或介绍。如：社团活动宣传、在校经验分享、学生活动安排、培训和讲座信息，校内办事、食宿情况、院系就读情况等。
- ☐ Can fluently describe personal campus activity experiences and exchange views with classmates on these topics.
能较流畅地讲述自己的校园活动经历、经验，与同学就上述情况进行交流，表达看法。
- ☐ Can read general articles about campus life experiences and posters for campus activities.
能看懂有关校园生活经历、经验的一般性文章，或校园活动的海报。
- ☐ Can write short essays sharing campus activity experiences and create posters for campus events.
能写出短文分享自己的校园活动经历、经验，创作校园活动海报。

Discussing Education Situations & Issues (谈论教育情况和问题) · 4 Goals

- ☐ Can understand complex questions, introductions, and opinions about family, school, social, and vocational education in everyday conversations, including educational concepts, methods, and issues.
能听懂日常交谈中对方关于家庭教育、学校教育、社会教育、职业教育等方面较复杂情况的询问、介绍和看法。如：教育观念、教育方式、教育问题等。
- ☐ Can fluently introduce personal experiences or knowledge of family, school, social, and vocational education, and express opinions on educational issues.
能向他人较流畅地介绍自己所经历或了解的家庭教育、学校教育、社会教育、职业教育等方面的情况，表达自己对教育问题的看法。
- ☐ Can read general articles about the above educational situations and issues.
能看懂关于上述教育情况和问题的一般性文章。
- ☐ Can write short essays about experiences and personal views on the above educational situations and issues.
能写出短文介绍有关上述教育情况 and 问题的经历和自己的看法。

Exchanging Work Content & Experiences (交流工作内容和工作经历) · 4 Goals

- ☐ Can understand complex questions and introductions from colleagues about work content and experiences in daily conversations, including projects, business, plans, progress, and work experiences such as internships, resignations, unemployment, and retirement.
能听懂日常交谈中同事关于工作内容和工作经历等较复杂情况的询问或介绍。如：工作中的项目、业务、方案、进度等情况；实习、辞职、离职、失业、退休等工作经历。
- ☐ Can fluently introduce the above work content and related experiences to others and exchange views.
能向他人较流畅地介绍自己所了解的上述工作内容和相关工作经历，能跟对方交流看法。
- ☐ Can understand general articles and work briefings about the work content and experience mentioned above.
能看懂关于上述工作内容和工作经历的一般性文章、工作简报。
- ☐ Can write short passages introducing one's own or others' work content and experience, and express personal views.
能写出短文介绍自己或他人的工作内容和工作经历，表达自己的看法。

Discussing Business Operations & Management (谈论经营与管理情况) · 4 Goals

- ☐ **Can understand relatively complex inquiries or introductions about business operations and management, such as teamwork and personnel management, in daily conversations with colleagues. Examples include entrepreneurial ideas and processes; teamwork methods and processes; employee training, hiring, staffing structure, and compensation.**
能听懂日常交谈中同事关于团队合作、人员管理等经营与管理情况的较复杂情况的询问或介绍。如：创业想法与过程；团队合作方式与过程；员工培训、人员聘请、人员结构、薪酬待遇等情况。
- ☐ **Can fluently introduce to others what one knows about business operations and management, such as teamwork and personnel management, and exchange views with them.**
能向他人较流畅地介绍自己所了解的有关团队合作、人员管理等企业经营与管理的情况，能跟对方交流看法。
- ☐ **Can read general articles about business operations and management, such as teamwork and personnel management.**
能看懂关于团队合作、人员管理等企业经营与管理情况的一般性文章。
- ☐ **Can write short passages about one's own or others' experiences related to teamwork, personnel management, and similar topics, expressing personal views.**
能写出短文介绍自己或他人有关团队合作、人员管理等情况的经历，表达自己的看法。

Introducing Tech Products (介绍科技产品) · 4 Goals

- ☐ **Can understand everyday conversations introducing the development and application of technology products, such as robots, live streaming, and smart devices.**
能听懂日常交谈中对方对生活相关的科技产品开发与应用的一般性介绍。如：对机器人、网络直播技术，某些智能产品的介绍。
- ☐ **Can fluently introduce key points about the development and application of these technology products, and can discuss and share opinions with others.**
能向他人较流畅地介绍自己所了解的有关上述科技产品开发与应用的主要内容，并与他人交流，发表看法。
- ☐ **Can read general news articles and introductory texts about the development and application of these technology products.**
能看懂关于上述科技产品开发与应用的一般新闻、介绍性文章。
- ☐ **Can write short paragraphs introducing everyday technology products and their features.**
能写出短文介绍自己了解的某些日常生活相关的科技产品的情况。

Introducing Scientific Knowledge (介绍科学知识) · 4 Goals

- ☐ **Can understand everyday conversations introducing general science knowledge and research findings, such as scientific facts, popular science topics, and the process and conclusions of experiments.**
能听懂日常交谈中对方介绍的一般性科普知识和科研成果的主要内容。如：生活中的科学常识、各学科的科普知识；科学实验的过程与结论。
- ☐ **Can fluently introduce key points about popular science and research findings, and can discuss and share opinions with others.**
能向他人较流畅地介绍自己所了解的有关上述科普常识和科研成果的主要内容，能与他人交流，发表看法。
- ☐ **Can understand general articles introducing popular science knowledge and research findings on the above topics.**
能看懂关于介绍上述科普常识和科研成果的一般性文章。
- ☐ **Can write short passages introducing everyday science knowledge and research findings they know.**
能写出短文介绍自己了解的某些日常生活相关的科普知识和科研成果。

Introducing China Overview (介绍中国概况) · 4 Goals

- ☐ **Can understand general introductions in daily conversation about China's administrative divisions, population, and contemporary characteristics, such as levels of administrative divisions, major provinces and cities, ethnic groups, education levels, social status, social image, and spirit.**
能听懂日常交谈中对方关于行政区划、人口情况、时代特征等中国概况的一般性介绍。如：行政区划等级、主要省市；民族概况、居民受教育情况；人群社会地位、社会形象、精神面貌等时代特征。
- ☐ **Can fluently introduce to others what they know about the above aspects of China.**
能向他人较流畅地介绍自己所了解的有关上述中国概况的内容。
- ☐ **Can understand general content about the above aspects of China in written texts.**
能看懂文章中关于上述中国概况的一般性内容。
- ☐ **Can write short passages introducing what they know about China and express their views.**
能写出短文介绍自己了解的关于中国概况的内容，表达自己的看法。

Discussing Economic Phenomena (谈论经济现象) · 4 Goals

- ☐ **Can understand main points in daily conversations and news reports about economic phenomena, such as product details, business activities like exhibitions, cooperation, and promotion, as well as industry status, company development, hot economic topics, and future trends.**
能听懂日常交谈、新闻报道中介绍商业活动、经济发展等经济现象的主要内容。如：某种产品的情况；商业展览、商业合作、商品宣传等商业活动；产业现状、企业发展、经济热点话题、未来趋势。
- ☐ **Can fluently introduce main points about the above economic phenomena to others and exchange views.**
能向他人较流畅地介绍自己所了解的有关上述经济现象的主要内容，能与他人交流，发表看法。
- ☐ **Can understand main content of news reports and general articles about the above economic phenomena.**
能看懂关于上述经济现象新闻报道的主要内容、一般性文章。
- ☐ **Can write short passages introducing a certain economic phenomenon they know and express their views.**
能写出短文介绍自己了解的某种经济现象的主要内容，表达自己的看法。

Discussing Social Phenomena (谈论社会现象) · 4 Goals

- ☐ **Can understand the main points of everyday conversations and news reports about social phenomena such as people's livelihoods, emerging trends, social attitudes, and infrastructure development, including employment, population, social change, lifestyle, work, socializing, consumption, and public facilities.**
能听懂日常交谈中、新闻中介绍民生发展、新兴事物、社会观念、基础设施建设等社会现象的主要内容。如：就业失业问题、人口问题，社会变迁情况；人们的生活观念、工作观念、社交观念、消费观念等；交通设施、建筑工程、公共娱乐设施等基础设施建设。
- ☐ **Can fluently introduce the main points of social phenomena they know about, and can discuss and share opinions with others.**
能向他人较流畅地介绍自己所了解的有关上述社会现象的主要内容，能与他人交流，发表看法。
- ☐ **Can read and understand the main content of news reports and general articles about social phenomena.**
能看懂关于上述社会现象新闻报道的主要内容、一般性文章。
- ☐ **Can write a short essay introducing a social phenomenon they know about and expressing their views.**
能写出短文介绍自己了解的某种社会现象的主要内容，表达自己的看法。

Discussing Literary & Artistic Forms, Common Knowledge & Works (谈论文艺形式、常识、作品) · 4 Goals

- ☐ Can understand detailed introductions in everyday conversations about art forms, general knowledge, creators and their works, and cultural events, such as novels, poetry, photography, drama, film, digital games, literary and artistic knowledge, poets, directors, playwrights, and events like book clubs, photo exhibitions, and film festivals.
能听懂日常交谈中对方对文艺形式、文艺常识、文艺创作者及其作品、文艺活动的较复杂的介绍。如：小说、诗歌、摄影、戏剧、影视剧、数字游戏等文艺形式及作品；文学常识、艺术常识、戏剧常识、电影常识；诗人、导演、戏剧创作者及其作品；读书会、摄影展、电影节等。
- ☐ Can fluently introduce the main points of an art form, general knowledge, or artistic work they know about, and can discuss and share opinions with others.
能向他人较流畅地介绍自己所了解的某个文艺形式、文艺常识、文艺作品的主要内容，能与他人交流，发表看法。
- ☐ Can read and understand general articles introducing art forms, general knowledge, and artistic works.
能看懂介绍上述文艺形式、文艺常识、文艺作品的一般性文章。
- ☐ Can write a short essay introducing a cultural event or artistic work they know about.
能写出短文介绍自己了解的某个文艺活动、文艺作品。

Discussing Sports & Events (谈论体育项目及赛事) · 4 Goals

- ☐ Can understand detailed introductions in everyday conversations about sports, events, and famous athletes, including characteristics of events like high jump and long jump, competition details, judging, opening and closing ceremonies, and athletes' stories, achievements, and influence.
能在日常交谈时听懂他人对运动项目情况、体育赛事情况、体育名人故事的较复杂的介绍。如：跳高、跳远等项目的特点；某项赛事的赛场情况、评判情况、开闭幕式情况；体育名人的成长故事、取得成就、地位影响等。
- ☐ Can fluently introduce sports, events, and athletes' stories they know about, and can discuss them with others.
能向他人较流畅地介绍自己所了解的有关运动项目情况、赛事情况、体育名人事迹，能与他人交流。
- ☐ Can read general articles about sports, events, and famous athletes.
能看懂介绍上述运动项目情况、赛事情况、体育名人事迹的一般性文章。
- ☐ Can write short texts introducing a sport, event, or famous athlete they know.
能写出短文介绍自己了解的某种运动项目情况、赛事情况、体育名人事迹。

Discussing International Exchange Events (谈论国际交往事件) · 4 Goals

- ☐ Can understand detailed introductions or reports about international exchanges, such as stories of friendly contacts, official visits, and cooperation cases.
能在日常生活中听懂他人对国际友好交往事件的较复杂的介绍或相关报道，如：友好交往故事、国际友好访问、国际合作案例。
- ☐ Can fluently introduce international exchange events they know and discuss them with others.
能向他人较流畅地介绍自己所了解的有关国际友好交往事件，能与他人交流。
- ☐ Can read general reports and stories about international exchange events.
能看懂有关上述国际友好交往事件的一般性报道、故事。
- ☐ Can write short texts introducing international exchange stories they know.
能写出短文介绍自己了解的国际友好交往故事。

Introducing Chinese Language & Script (介绍中国语言文字) · 4 Goals

- ☐ **Can understand the main points of introductions to Chinese folk sayings, idioms, famous quotes, and language features in daily conversations and lectures.**
能听懂日常交谈、活动讲座中朋友、演讲者等关于某些中国民间俗语、成语、名言名句、汉语语言现象介绍的主要内容。如：俗语含义、俗语故事等，中文的语音特点、词汇特点、语法特点、汉字特点等。
- ☐ **Can fluently introduce common Chinese folk sayings, idioms, famous quotes, and language phenomena.**
能较流畅地介绍一些常见的中国民间俗语、成语、名言名句、语言现象。
- ☐ **Can read general articles that introduce and explain common Chinese folk sayings, idioms, famous quotes, and language phenomena.**
能看懂介绍、解读某些常见的中国民间俗语、成语、名言名句、语言现象的一般性文章。
- ☐ **Can write short texts introducing a saying or idiom they know, or their understanding of Chinese language characteristics.**
能写出短文介绍自己了解的某个俗语或成语，或自己对中国语言文字特点的理解。

Introducing Ancient Chinese Folk Traditions & Cultural Landscapes (介绍中国古代民俗传统、人文景观) · 3 Goals

- ☐ **Can understand the main points when Chinese friends, teachers, or speakers introduce Chinese folk traditions and cultural landmarks in cultural activities, classes, or lectures, such as local cuisines and regional differences, traditional festivals like the Dragon Boat Festival and Double Ninth Festival, folk tales, daily life in ancient times, and famous historical sites.**
能在文化体验活动、文化类课程、讲座等场景中听懂中国朋友、老师、演讲者等介绍的关于中国民俗传统、人文景观的主要内容。如：地方饮食、地域饮食差异；端午节、重阳节等传统节日与习俗；民间传说；古代人的日常生活；名胜古迹等。
- ☐ **Can fluently introduce key aspects of ancient Chinese folk traditions and share personal understanding and feelings about them with others.**
能较流畅地介绍有关上述中国古代民俗传统的一些主要内容，能与他人交流自己的理解和感受。
- ☐ **Can read and understand the main ideas of general articles introducing ancient Chinese folk culture and traditions.**
能看懂介绍上述中国古代传统民俗文化的一般性文章的主要内容。

Introducing Traditional Chinese Thought & Art (介绍中国传统思想与艺术) · 3 Goals

- ☐ **Can understand the main points when Chinese friends, teachers, or speakers introduce traditional Chinese thought and art in cultural activities, classes, or lectures, such as well-known ancient ideas, sayings, and works, as well as traditional arts like calligraphy, Chinese painting, folk music, quyi, martial arts, and handicrafts.**
能在文化体验活动、文化类课程、讲座等场景中听懂中国朋友、老师、演讲者等介绍的关于中国传统思想与艺术的主要内容。如：广为流传的古人的思想、名言、著作等，书法、国画、民乐、曲艺、武术、手工艺等传统艺术。
- ☐ **Can fluently introduce key aspects of traditional Chinese thought and art and exchange personal understanding and feelings with others.**
能较流畅地介绍有关上述中国传统思想与艺术的一些主要内容，与人交流自己的理解和感受。
- ☐ **Can read and understand the main ideas of general articles introducing traditional Chinese thought and art.**
能看懂介绍上述中国传统思想、艺术的一般性文章的主要内容。

Introducing Chinese History (介绍中国历史) · 3 Goals

- ☐ Can understand the main points when Chinese friends, teachers, or speakers introduce historical figures and events in cultural classes, lectures, or daily conversations, such as the causes, processes, and outcomes of historical events, and the backgrounds, stories, and significance of historical figures.

能在文化类课程、讲座、日常交谈等场景中听懂中国朋友、老师、演讲者等介绍的有关中国历史人物、历史事件的主要内容。如：历史事件的起因、经过、结果；历史人物背景、故事、地位等。

- ☐ Can fluently narrate stories about ancient Chinese historical figures and events, and share personal understanding and feelings with others, such as key historical content from the Tang and Song dynasties and the construction of the Great Wall.

能较流畅地讲述一些中国古代历史人物、历史事件，能与他人交流自己的理解和感受。如：唐朝、宋朝的主要历史内容，万里长城的修建等。

- ☐ Can read and understand the main ideas of general articles introducing Chinese historical figures and events.

能看懂介绍中国历史人物、历史事件一般性文章的主要内容。

Introducing Ancient Chinese Science & Technology (介绍中国古代科技) · 3 Goals

- ☐ Can understand the main points when Chinese friends, teachers, or speakers introduce ancient Chinese scientific and technological achievements, scientific concepts, and the deeds of ancient scientists in cultural classes, lectures, or daily conversations, such as achievements in traditional Chinese medicine, technology, and agriculture, traditional health concepts, and the achievements and lasting influence of ancient scientists.

能在文化类课程、讲座、日常交谈等场景中听懂中国朋友、老师、演讲者等介绍的有关中国古代科技成就、古代科学观念、古代科学家事迹的主要内容。如：中医成就、科技成就、农业成就；传统健康观念；古代科学家的成就、后世影响等。

- ☐ Can fluently describe achievements, concepts, and stories of ancient Chinese scientists, and can exchange understanding and feelings with others.

能较流畅地讲述一些中国古代科技成就、古代科学观念、古代科学家事迹的内容，能与他人交流自己的理解和感受。

- ☐ Can understand the main content of general articles introducing ancient Chinese scientific achievements, concepts, and scientists.

能看懂介绍中国古代科技成就、古代科学观念、古代科学家事迹的一般性文章的主要内容。