

# HSK 1 Real-World Action Goals

Action-oriented communicative tasks (Official Can-Do Milestones).

59 CAN-DO GOALS

## Exchanging Personal Details (问答个人基本信息) · 4 Goals

- ☐ **Can understand simple questions and introductions about personal details (e.g., name, nationality, age, gender, preferences, habits, identity, family, friends, skills) in settings like parties, orientation, and events.**  
能听懂在聚会、新生报到、参加活动等场景中关于个人基本信息的简单问题，或关于个人基本信息的简单介绍，如：姓名、国籍、年龄、性别、喜好、习惯、身份、家庭成员、朋友、技能等。
- ☐ **Can ask for and answer simple questions about personal details in these settings.**  
能在上述场景中询问个人的基本信息；能回答上述场景中关于个人基本信息的简单问题。
- ☐ **Can briefly introduce personal details such as name, nationality, age, gender, preferences, habits, identity, family, friends, and skills.**  
能简单介绍上述个人基本信息。
- ☐ **Can identify personal details on business cards, ID cards, student cards, and short readings, signs, and brief notices.**  
能识别名片、身份证、学生卡、短小读物等材料上的上述个人基本信息。

## Asking & Answering About Events (问答事件信息) · 4 Goals

- ☐ **Can understand simple questions and introductions about event information (e.g., date, time, place, location, attendees, phone numbers) in daily life.**  
能听懂日常生活中关于事件信息的简单问题，或关于事件基本信息的简单介绍。如：日期、时间、地点、方位、活动参加者、电话号码等。
- ☐ **Can ask family, friends, and classmates about simple event details and answer such questions in everyday conversation.**  
能向家人、朋友、同学等询问上述简单事件信息；能在日常交流中回答关于上述简单事件信息的询问。
- ☐ **Can briefly describe event details to others.**  
能向他人简单介绍上述事件信息。
- ☐ **Can read simple event information in public places like hospitals, cinemas, and libraries.**  
能看懂医院、电影院、图书馆等公共场所出现的简单事件信息。

## Asking & Answering About Items (问答物品信息) · 4 Goals

- ☐ **Can understand simple questions and introductions about everyday items (e.g., names, size, quantity, quality, condition) at home, in dorms, shops, and schools.**  
能听懂家中、宿舍、商场、学校等场景中关于物品信息的简单问题，或关于常用物品信息的简单介绍。如：日常生活物品、学习用品名称，物品大小、数量、好坏、新旧等方面的特征。
- ☐ **Can ask family, friends, and classmates about everyday items and answer simple questions about them in daily conversation.**  
能询问家人、朋友、同学等日常物品的简单信息；能在日常交流中回答关于物品信息的简单询问。
- ☐ **Can give simple information about objects, such as naming them and briefly describing their features.**  
能简单介绍物品信息，如：说出物品名称，并对物品特征进行简单描述。
- ☐ **Can understand simple names and descriptions of objects in everyday settings, including size, quantity, and ownership.**  
能在常见的生活场景中看懂某些简单的物品名称，以及关于物品大小、数量、领属等特征的简单描述。

## Talking About Weather (问答天气) · 4 Goals

- ☐ **Can understand simple questions and introductions about weather conditions, such as good/bad, hot/cold, in daily conversations.**  
能听懂日常交流中关于天气好坏、冷热等的简单问题，或关于某地上述天气信息的简单介绍。
- ☐ **Can ask and answer simple questions about weather conditions, such as good/bad, hot/cold, for a specific place.**  
能询问关于某地天气的好坏、冷热等简单信息；能回答关于上述天气简单信息的询问。
- ☐ **Can briefly describe the weather in a place, including temperature, conditions, and precipitation, and can express preferences about the weather.**  
能简单介绍某地的天气情况，如冷热、好坏、雨雪等，能简单表达对天气的喜好。
- ☐ **Can understand simple written descriptions of weather conditions, such as hot/cold, rain/snow.**  
能看懂关于某地天气情况的简单介绍，如：冷热、雨雪等。

## Asking & Answering About Environment (问答环境信息) · 4 Goals

- ☐ **Can understand simple questions and introductions about common places and environments, such as schools, cinemas, and supermarkets.**  
能听懂日常交流中关于某个地方怎么样的简单问题，或关于某个常见环境或场所的简单介绍，如：学校、电影院、超市等。
- ☐ **Can ask and answer simple questions about common places and environments, including size, quality, and location, and can express likes and dislikes.**  
能询问关于某个常见环境或场所的简单信息；能回答关于某个地方环境信息的简单问题，如：大小、好坏、方位等；能询问或表达对该环境信息的好恶。
- ☐ **Can briefly describe a place or environment, including its size, location, and personal preferences.**  
能简单介绍某个环境或场所的信息，如大小、方位、自己的喜好等。
- ☐ **Can identify simple information such as names and locations of places from everyday signs.**  
能在日常标识中识别场所的名称、方位等简单信息。

## Everyday Verbal Interaction (日常言语交往) · 4 Goals

- ☐ **Can understand and exchange simple polite expressions in social situations like parties, farewells, and meeting new people, such as greetings, thanks, apologies, and goodbyes.**  
能听懂在聚会、告别、结识新朋友等场景中对方的简单礼貌用语，并与对方互致简单礼貌用语。如：你好、谢谢、对不起、再见等。
- ☐ **Can understand and make simple inquiries or requests in everyday conversations, such as introducing each other, asking for help, making choices, and making phone calls.**  
能听懂日常言语交往中对方的简单询问或请求；能在日常言语交往中向他人发出简单的询问或请求。如：互相介绍、请求帮助、做出选择、接打电话等。
- ☐ **Can understand others' simple expressions of needs or feelings, and can express own needs or feelings simply, such as what they want or whether they are happy.**  
能听懂他人关于自己需求或心情的简单表达；能简单表达自己的需求或心情。如：要什么、是否高兴等。
- ☐ **Can understand simple polite expressions and expressions of intent in social media, text messages, and emails.**  
能看懂社交平台、短信、邮件中对方的简单礼貌用语和意愿表达。

## Discussing Food Preferences (问答饮食喜好) · 4 Goals

- ☐ Can understand simple expressions about dining, such as willingness to eat, who is joining, food preferences, meals of the day, quality of food, and dining time and place.  
能听懂对方关于就餐的简单表达，如：就餐意愿、就餐人员、喜欢的食物、三餐食物、饮食好坏、就餐时间和地点等。
- ☐ Can ask others for simple information about daily diet, dining, and cooking, and can answer simple questions about these topics.  
能询问他人关于日常饮食、就餐、做饭的上述简单信息；能回答他人关于上述信息的简单询问。
- ☐ Can briefly describe own dietary preferences and cooking habits, such as favorite foods and daily meals.  
能简单介绍自己的饮食喜好、做饭情况等。如：喜欢的食物、一日三餐等。
- ☐ Can read common food names in places like restaurants and supermarkets, such as water, milk, apples, baozi, and dumplings.  
能在饭店、超市等场所看懂某些常见食物的名称。如：水、牛奶、苹果、包子、饺子等。

## Asking & Answering About Travel (问答出行信息) · 5 Goals

- ☐ Can understand simple questions about travel methods and arrangements, or simple introductions to daily travel information, such as how they get to work or school, time, and destination.  
能听懂他人关于出行方式、出行安排的简单问题，或关于日常出行信息的简单介绍。如：上班、上学、外出的方式、时间、目的地等。
- ☐ Can ask for simple information about daily travel and answer simple questions about travel methods and arrangements.  
能询问关于日常出行的简单信息；能回答关于日常出行方式和出行安排的简单问题。
- ☐ Can give simple information about travel plans for themselves, family, or friends.  
能简单介绍自己、家人或朋友的出行信息。
- ☐ Can interact simply when asking for directions, such as asking or confirming a place or location.  
能在问路时进行简单交流。如：向对方询问或跟对方确认某处的地点、位置。
- ☐ Can understand time and location information on tickets for common travel like trains and planes.  
能看懂火车、飞机等常见出行方式的地点、时间信息。

## Asking & Answering About Products (问答商品信息) · 4 Goals

- ☐ Can understand simple product information from shop assistants or friends, such as everyday item names and prices, and can understand simple questions about shopping preferences.  
能听懂超市、商店售货员，或同学、朋友等人关于商品简单信息的介绍，如：日常商品名称、价格；能听懂他人提出的关于选购意愿的简单提问。
- ☐ Can ask simple questions about products, such as price and availability, and can answer similar questions from others.  
能向他人询问商品的简单信息，如：商品价格、是否有货；能回答他人关于上述信息的简单询问。
- ☐ Can express simple shopping preferences and can briefly describe purchased items, such as name and price.  
能向他人简单表达选购意愿；能向他人简单介绍所购商品的信息，如：名称、价格等。
- ☐ Can read simple labels on everyday products, such as name, price, and date.  
能看懂一些日常商品的简单标签信息。如：名称、价格、日期等。

## Reporting Illness & Visiting the Sick (告知生病、探病) · 3 Goals

- ☐ Can understand simple statements about being ill or needing medical care, simple medical advice about eating and sleeping, and simple comfort from family and friends, like 'rest more'.  
能听懂别人生病、想要就医的简单表述；能听懂关于吃饭、睡觉等的简单医嘱；能听懂家人、朋友的简单安慰，如：多休息等。
- ☐ Can tell others when feeling unwell and express a simple need to see a doctor.  
能在自己生病时告知别人，简单表达就医意愿。
- ☐ Can express a simple wish to visit a sick friend or relative and offer simple comfort.  
能在亲友生病时简单表达想去看望的意愿，表达简单的安慰。

## Talking About Leisure Activities (交流休闲活动) · 4 Goals

- ☐ Can understand simple questions and brief introductions about everyday leisure activities and preferences, such as reading, singing, or watching TV.  
能听懂他人关于日常休闲活动的简单问题，或关于某人喜好的日常休闲活动的简单信息介绍。如：看书、唱歌、看电视等。
- ☐ Can ask family, friends, and classmates about their favorite leisure activities, and can answer simple questions about their own or others' leisure preferences and plans.  
能询问家人、朋友、同学等喜好的日常休闲活动；能回答关于自己、家人或朋友日常休闲活动的喜好、安排等简单问题。
- ☐ Can briefly describe their own leisure activity preferences and plans.  
能简单介绍自己对日常休闲活动的喜好、安排等。
- ☐ Can read simple information about leisure activities, such as time and place.  
能看懂关于日常休闲活动的简单信息，如：活动的时间和地点等。

## Describing Study Situations (介绍学习情况) · 4 Goals

- ☐ Can understand simple questions from classmates, teachers, or family about study situations, and brief introductions from peers about their studies, such as school, subjects, and class times.  
能听懂同学、老师、家人询问学习情况的简单问题，或同学、朋友关于学习情况的简单介绍。如：所在学校、科目、上课时间等。
- ☐ Can ask classmates or friends simple questions about their studies, and can answer simple questions about study-related information.  
能询问同学或朋友关于学习情况的简单信息；能回答关于学习情况信息的简单问题。
- ☐ Can briefly introduce their own study situation to teachers, classmates, or family.  
能向老师、同学、家人简单介绍自己的上述学习情况。
- ☐ Can read simple course schedule information, such as subjects and times.  
能看懂课表中关于课程的简单信息，如：科目、时间等。

## Discussing School & Extracurricular Activities (交流学校情况、课后活动) · 4 Goals

- ☐ Can understand simple questions from family, classmates, or friends about school life and after-school activities, and brief introductions about school and extracurricular activities, such as basic info about the school, teachers, and classmates, and after-school plans.  
能听懂家人、同学、朋友等询问学校情况、课后活动的简单问题，或关于学校学习和课后活动信息的简单介绍。如：学校、老师、同学的基本信息，课后安排等。
- ☐ Can ask classmates or friends simple questions about school life and after-school activities, and can answer simple questions from family or friends about school and extracurricular activities.  
能询问同学、朋友关于学校情况和课后活动的简单信息；能回答家人、朋友等关于学校和课后活动信息的简单问题。
- ☐ Can give a simple introduction to their school and after-school activities, such as teachers, classmates, school, and schedule.  
能简单介绍自己的学校情况和课后活动信息。如：老师、同学、学校、课后安排等。
- ☐ Can read simple information about school or after-school activities from materials like timetables and student information sheets.  
能看懂课表、学生信息表等材料中有关上述学习或课后活动的简单信息。

## Exchanging Work Information (交流工作信息) · 4 Goals

- ☐ **Can understand simple questions from family, colleagues, or friends about work information, or simple introductions about someone's job, such as what they do, working hours, workplace, and whether they like it.**  
能听懂家人、同事、朋友等询问工作信息的简单问题，或他人关于工作信息的简单介绍。如：做什么工作、工作时间、工作地点、喜欢与否等。
- ☐ **Can ask others simple questions about their job or occupation, and can answer simple questions about their own job or occupation.**  
能询问他人关于上述工作信息或职业的简单情况；能回答他人关于工作信息或职业的简单问题。
- ☐ **Can give a simple introduction to their own, their family's, or friends' occupations or job duties.**  
能简单介绍自己、家人、朋友的职业或工作内容。
- ☐ **Can read simple introductions about a person or job information, such as job title, working hours, and location.**  
能看懂关于某人或某种工作信息的简单介绍。如：职业名称、工作时间、地点等。

## Discussing Traditional Chinese Food (问答中国传统饮食) · 3 Goals

- ☐ **Can understand simple questions about traditional Chinese food or simple introductions to Chinese eating habits, such as what Chinese people like to eat and drink.**  
能听懂他人询问关于中国传统饮食的简单问题，或关于中国传统饮食习惯的简单介绍。如：中国人喜欢吃什么、喝什么等。
- ☐ **Can ask simple questions about traditional Chinese food, introduce Chinese traditional eating habits, and express their own or family's preferences, such as liking baozi, dumplings, noodles, or tea.**  
能询问关于中国传统饮食的简单情况，或简单介绍中国人的传统饮食习惯、表达自己或家人对中国传统饮食的喜好等。如：中国人喜欢吃包子、饺子、面条、喝茶，自己或家人是否喜欢等。
- ☐ **Can read simple information about traditional Chinese food on menus, such as baozi, dumplings, noodles, and tea.**  
能看懂菜单上关于中国传统饮食的简单信息，如：包子、饺子、面条、茶等。